



From the Benjamin Franklin College Dean's Office

Dean's Notes– February 15, 2021

Dear Franklinites,

The cycle is rolling, even if winter air is heavy and slow right now. This week we're talking with FroCo applicants who have bravely stepped up with interest in guiding and mentoring next year's influx of first-years. We're a quiet college now in our reduced numbers, but next year we'll be big and full and boisterous which ~~seares~~ delights me!

Should you still be on the fence about your enrollment this term, please remember today is the deadline to request a Leave of Absence, by 5:00pm Yale time. Info and links in the Notes.

Bundle up, and remember it's a good day to have a good day. You still have time.

-Dean Hill

Sonnet 65

Since brass, nor stone, nor earth, nor boundless sea
But sad mortality o'er-sways their power,
How with this rage shall beauty hold a plea,
Whose action is no stronger than a flower?
O, how shall summer's honey breath hold out
Against the wrackful siege of batt'ring days,
When rocks impregnable are not so stout,
Nor gates of steel so strong, but time decays?
O fearful meditation! where, alack,
Shall time's best jewel from time's chest lie hid?
Or what strong hand can hold his swift foot back?
Or who his spoil of beauty can forbid?
O, none, unless this miracle have might,
That in black ink my love may still shine bright.

-William Shakespeare

Important deadlines for courses offered in the first half of the term:

- **Monday, February 15 by 5:00 p.m.** - Final deadline to apply for a spring-term Leave of Absence. To request a leave of absence please go to the [Registrar Website](#) and complete the [Leave of Absence Form](#).
- **Tuesday, February 23 by 5:00 p.m.** – withdraw from a course offered in the first half of the term without a W appearing on your transcript
- **Friday, March 19 by 5:00 p.m.** – deadline to change the grade mode to Credit/D/Fail for a course offered in the first half of the term
- **Friday, March 19 by 5:00 p.m.** – withdraw from a course offered in the first half of the term

Note: Professional school courses cannot be changed to Credit/D/Fail. Some professional school courses end before the March deadlines listed here; the deadline to withdraw from these courses is the last day of the course.

If you wish to convert a course offered in the first half of the term to Credit/D/Fail, take the following steps. Once you convert your grade mode to Credit/D/Fail it cannot be reversed.

1. Log into [SIS](#).
2. Select the Course Enrollment tab and click “Yale College Change Course from Letter Grade to Credit/D/Fail.”
3. Change the drop-down selection from “YC – Letter Grade” to “Credit/D/Fail.”
4. Click "Submit Changes" to save the conversion.
5. A confirmation of the change will be sent to your University email account. If you do not receive the confirmation email, your change was not processed. You can confirm all of your course grading modes by viewing your “Course Schedule Details by Term” in SIS.

Note: SIS will remain open to convert full-term courses to Credit/D/Fail until May 7. Attempts to convert courses offered in the first half of the term to Credit/D/Fail after 5 p.m. on May 7 will not be valid.

To request changes to your schedule (such as dropping a course, requesting a late add, or changing a section) please complete a Course Change Notice form, available on the Registrar’s website here:

<https://registrar.yale.edu/forms-petitions> [Course Change Notice](#)

CIPE Summer Planning

Study Abroad

- 15-Feb Non-Yale Summer Abroad application opens
- 1-Apr Non-Yale Summer Abroad application deadline
- 5-Apr Countries will be reviewed in accordance with the Travel Policy on this date to determine if travel will be permitted or restricted to the selected destination

Once an application is approved from this date onwards, the student will have access to the International Study Award (ISA) request form

Yale Summer Session (YSS) New Haven & Online

- 15-Feb YSS application opens
- 21-Apr Yale x Flatiron School Web Development Bootcamp (CPSC S115) application deadline
- 14-May YSS Session A application deadline
- 18-Jun YSS Session B application deadline

Fellowships & Funding

- 3-Mar Summer Common application deadline
- 10-Mar Summer Research Common application deadline
- 17-Mar Hixon application deadline
- 5-Apr Countries will be reviewed in accordance with the Travel Policy on this date to determine if travel will be permitted or restricted to the selected destination
- 1-May International Study Award (ISA) application deadline

OCS

- 1-May Summer Experience Award (SEA) application deadline

Yale Academic Strategies Program

https://yaleconnect.yale.edu/PoorvuAcademicStrategies/club_signup

<https://poorvucenter.yale.edu/undergraduates/academic-strategies-program>

Our mission is to help all Yale undergraduate be active, empowered learners at Yale. Through peer academic mentoring, interactive workshops, and connections to resources, we provide you with the tools that can propel you towards your goals.

****Special Event** The Keys to Graduate Mentorship**

Wednesday, Feb. 17, 7-8:30 pm

Join students from the Graduate School of Arts and Sciences and Yale's professional schools for a discussion on how to effectively get mentorship from graduate students. Learn and practice skills for asking for and receiving mentorship in a friendly, low-stakes online environment. Connect with potential mentors, and gain confidence in your skills. To register for this Zoom event, fill out this Google Form: [Keys to Graduate Mentorship Registration](#). The Zoom link for the event is <https://yale.zoom.us/j/93520652164>.

Individual Consultations: Online sign-up now available!

Our Academic Strategies Mentors will help you develop a weekly study routine, offer strategies for approaching complicated readings and p-sets, and planning for the semester. Find a mentor by registering and signing up at [Academic Strategies Spring 2021 Mentor Schedule](#). Consultations also can be arranged by emailing us directly at academicstrategies@yale.edu.

Meet with our Learning Specialist

Do you have a learning difference or other condition that affects how you approach your learning? Are you wondering if your academic challenges might be connected to an undiagnosed learning difference? Meet with our Learning Specialist, Sarah Cussler (sarah.cussler@yale.edu), to discuss strategies for adapting to the challenges of learning online and the different demands of college-level academic work. Learn more about the resources available on our [Learning Challenges at Yale](#) page on our Academic Strategies website.

Workshops

Our workshop sessions will all be online this academic year. Register via YaleConnect to access Zoom links—**you can register up to the start of the workshop if you want to come last minute!**

Cultivating Faculty Mentors/Recommendations

[Monday, Feb. 15 @ 4 pm ET](#)

Initiate conversations, ask for assistance, request recommendations, and build mentoring relationships with Yale faculty, teaching fellows and staff.

Pathways for Juniors

[Monday, Feb. 15 @ 7 pm ET](#)

As you delve into your major, new questions and challenges arise. How do I orient myself within my major? How do I look for mentors within the major? What timelines do I need to be aware of to set

myself up for a strong senior year? We'll explore these questions together in this interactive workshop.

Strategies for Intro Econ: Problem Sets & Exams

[Monday, Feb. 15 @ 9 pm ET](#)

Learn strategies for efficiently working on intro econ problem sets and key strategies for studying for exams.

Pathways for First-Years

[Tuesday, Feb. 16 @ 4 pm ET](#)

What do you really want to get out of your first year? This interactive workshop helps students identify goals and sources of satisfaction and offers strategies for avoiding common pitfalls like overextension and burn out.

Managing a Heavy Reading Load

[Tuesday, Feb. 16 @ 7 pm ET](#)

Feeling overwhelmed by piles of reading? Learn some essential strategies to make the most of your limited reading time. Have less stress and create more free time!

Reading Effectively for STEM

[Tuesday, Feb. 16 @ 9 pm ET](#)

Learn strategies for reading purposefully and efficiently for STEM courses. Effectively read textbook chapters and scientific articles; navigate jargon, data, and figures; use readings to prep for problem sets and exams.

Getting the Most Out of Your Language Classes

[Wednesday, Feb. 17 @ 4 pm ET](#)

Learn the daily habits and mindsets that can help you succeed in learning a language at Yale.

Exam Study Strategies

[Wednesday, Feb. 17 @ 7 pm ET](#)

Reduce exam stress by learning new strategies for preparing and studying for midterms and finals. This workshop offers suggestions for preparing for and taking problem-based, short answer, and essay exams.

Time Management

[Wednesday, February 17 @ 9 pm ET](#)

Time management is key for lowering stress at Yale. Set priorities and develop a weekly schedule that can lead to an active and balanced academic life.

How to Study Away from Campus: A Guide to Motivation, Connection, and Time Management

[Thursday, Feb. 18 @ 4 pm ET](#)

Learn how to create environments, schedules, and peer networks to help support your learning while away from campus and help you stay refreshed and motivated to engage in your academic work.

Creating a Timeline for Your Senior Thesis

[Thursday, Feb. 18 @ 7 pm ET](#)

Learn how to plan your writing and research, and how to access support resources for your senior thesis.

Writing Emails, Presentations, and Reports: Academic and Professional Communication

[Thursday, Feb. 18 @ 9 pm ET](#)

Learn strategies for writing for professional and formal academic audiences.

Yale Tutoring Resources:

Writing Center/Tutors/Partners: [Writing Tutoring and Programs | Poorvu Center for Teaching and Learning \(yale.edu\)](#)

Sc/QR Tutoring: [Small-Group and 1-1 Tutoring | Poorvu Center for Teaching and Learning \(yale.edu\)](#)

Language Tutoring: [Center for Language Study | Poorvu Center for Teaching and Learning \(yale.edu\)](#)

Academic Strategies: [Academic Strategies Program | Poorvu Center for Teaching and Learning \(yale.edu\)](#)

Advising Resources: [Welcome | Advising Resources \(yale.edu\)](#)

Deadline: March 1st to Apply for Center for Language Study's DILS and Fields Programs

The Yale Center for Language Study is now accepting applications for fall semester study for its Fields Program and its Directed Independent Language Study (DILS) Program. The deadline for applying to either program for fall semester study is March 1st at 1:00pm.

The Directed Independent Language Study (DILS) Program gives students the opportunity to study a language that is not currently taught in a Yale classroom.

The Fields Program gives students the opportunity to pursue advanced-level language study within the context of their academic area of focus (generally in areas other literature if the language is taught at Yale, since advanced coursework in literature would likely be available).

Both are non-credit programs, open to all registered Yale students (undergraduate, graduate and professional). In each program, students work with a Language Partner—a native speaker of the target language (not a formal instructor)—in two 1-hour sessions for 12 weeks. The sessions aim to develop linguistic and cultural competence through active conversation and practice of what you are studying independently. With a limited number of slots available, a selection committee reviews all applications for their merit and appropriateness, and notifies students of its decisions within four to six weeks after the application deadline.

Details on each program and how to apply can be found at these links:

Directed Independent Language Study (DILS):

<https://cls.yale.edu/dils>

Fields Program:

<https://cls.yale.edu/fields>

Please note that all applications must be received by the application deadline (this includes applications for continued study from current DILS or Fields students).

Yale Degree Audit

Yale Degree Audit (YDA) is a tool that tracks your progress toward the bachelor's degree. YDA is located on the Academics tab of Student Information System (SIS). YDA displays the Yale College degree requirements that you have already completed and those that are still pending. A "Look Ahead" feature shows you how future course enrollment might apply toward your degree. Yale Degree Audit does not take the place of face-to-face advising, although you may wish to share your audit with your adviser. Instead, it provides an easy-to-read summary of requirements, allowing you and your adviser to spend more time discussing course selection and academic goals.

Do not rely solely on your degree audit when planning your courses; continue to use Yale's standard systems for schedule planning and employ YDA as an additional tool. More features will be added to YDA in the future, including the ability to track progress toward major requirements.

If you have suggestions, general observations, or questions that are not answered by the FAQs, send them to registrar@yale.edu using the subject line "Degree Audit." If you believe that academic information in your degree audit is incorrect, contact our office.

ACADEMIC STRATEGIES PROGRAM

Workshops For The Week:

- Cultivating Faculty Mentors,
2/15 @ 4pm
- Pathways For Juniors, 2/15 @ 7pm
- Strategies For Intro Econ, 2/15 @ 9pm
- Pathways For First-Years, 2/16 @ 4pm
- Managing A Heavy Reading Load,
2/16 @ 7pm
- Reading Effectively For STEM, 2/16 @ 9pm
- Getting The Most Out Of Your Language
Classes, 2/17 @ 4pm
- Exam Study Strategies, 2/17 @ 7pm
- Keys To Graduate Mentorship, 2/17 @ 7pm
- Time Management, 2/17 @ 9pm
- How To Study Away From Campus,
2/18 @ 4pm
- Creating A Timeline For Your Senior Thesis,
2/18 @ 7pm
- Writing Emails, Presentations & Reports,
2/18 @ 9pm

**Sign up at CampusGroups @
Poorvu Center: Academic
Strategies Program**

Mindful Kala

Are you hoping to start or reconnect with a meditation practice? Want to learn more about one of the world's oldest art forms? If so, join Mindful Kala - a virtual Good Life Center program and research study that integrates Bharatanatyam (i.e. Indian Classical Dance) with mindfulness. Over the course of four sessions on Mondays from 5:30-6:30 pm EST, students will encounter different components of Bharatanatyam through activities such as physical movement, meditative exercises, theatrical creations, group discussions, writing, and storytelling.

Participants will be randomly assigned to attend either Session One or Session Two. In order to register, **you must be able to attend programming from 5:30-6:30 pm EST on all of the following dates:**

- Session One: 2/21, 3/1, 3/8, 3/15
 - ***Note that 2/21 is a Sunday – we will not host any Good Life Center programming on Monday 2/22 because it is a Break Day
- Session Two: 3/22, 3/29, 4/5, 4/12

Sign up [here!](#) Students who attend all four sessions and complete all survey items will receive a free Good Life Center T-shirt and beanie. Sign ups close at 11:59 pm EST on Friday, February 19th. All video camera settings (on/off) are welcome and participants will be invited to interact with one another through breakout rooms (ice-breakers provided).

Mindful Kala is an undergraduate-initiated research study by Shruti Parthasarathy ('24), Dr. Laurie Santos, Dr. Elizabeth Goldfarb, and Alexa Vaghenas through the Good Life Center.



The poster features a blue background with a silhouette of a person in a Bharatanatyam dance pose on the right. In the top left, there is a sun-like icon with the text "Join Us!". To the right of this icon, the text reads "Want to dance & de-stress? Curious to explore new movements, cultures, and create new memories?". The title "mindful kala" is centered, with "mindful" in blue and "kala" in red. Below the title, a red banner contains the text "SIGN UP TODAY AT WWW.GOODLIFECENTERATYALE.COM" and a green circular logo with a white leaf-like symbol. At the bottom, the text says "Presenting... a NEW virtual Indian Classical Dance wellness program & research study at the Good Life Center, Yale University! Free beanie & t-shirt included!". The Yale University logo is in the bottom right corner.

Join Us!

Want to dance & de-stress? Curious to explore new movements, cultures, and create new memories?

mindful
kala

SIGN UP TODAY AT
WWW.GOODLIFECENTERATYALE.COM

Presenting...
a NEW virtual Indian Classical Dance wellness
program & research study
at the Good Life Center, Yale University!
Free beanie & t-shirt included!

Y