

# From the Benjamin Franklin College Dean's Office



Dear Franklinites,

Apple picking on Saturday was so much fun! I learned interesting facts about your hometowns, who I should take with me if I'm ever lost in a corn maze, and we also taught ourselves the quickest method of melting caramel. Franklinites truly are a fun bunch. As we experience a few additional days of warmth, I hope you all take a moment to enjoy it!

Feel free to stop by for drop-in hours on Thursday, October 5<sup>th</sup> from 2:00pm-3:30pm, or you can make an appointment to meet with me.



- Dean Rencher

# CALENDAR AT A GLANCE

Oct. T Applications for spring 2024 Term Abroad close, 11:59 p.m.  
10

Oct. F Last day of courses offered in the first half of the fall term. Last day to withdraw from a course  
13 offered in the first half of the fall term. Last day to convert from a letter grade to the Cr/D/F option in a course offered in the first half of the fall term.

Oct. M Courses offered in the second half of the fall term begin.  
16

Oct. T October recess begins after last class.  
17

Oct. M Classes resume, 8:20 a.m.  
23

Oct. F Midterm. Last day to withdraw from a fall full-term course without the course appearing on  
27 the transcript. Deadline to apply for double credit in a single-credit course.

Oct. F Withdrawal from Yale College on or before this date entitles a student to a rebate of one-  
27 quarter of the term's tuition.

Nov. Th Last day to withdraw from a course offered in the second half of the fall term without the  
9 course appearing on the transcript.

Nov. F November recess begins after last class.  
17

Nov. M Classes resume, 8:20 a.m.  
27

Nov. Th Last day to relinquish on-campus housing for the spring term without charge (Undergraduate  
30 Regulations).

Dec. F Classes end; reading period begins. Last day to convert from a letter grade to the Cr/D/F  
8 option for a full-term course and/or a course offered in the second half of the fall term.

Dec. F Last day to withdraw from a full-term course and/or a course offered in the second half of the  
8 fall term.

Dec. Th Reading period ends, 5:00 p.m. Final examinations begin, 7:00 p.m.  
14

Dec. Th Deadline for all course assignments, other than term papers and term projects. This deadline  
14 can be extended only by a Temporary Incomplete authorized by Dean Rencher.

Dec. W Final examinations end, 5:30 p.m.; winter recess begins. Deadline for all term papers and term  
20 projects. This deadline can be extended only by a Temporary Incomplete authorized by Dean Rencher.

## Required Workshop for Class of 2027

**Class of 2027**

### **Academic Integrity Workshop**

**October 9<sup>th</sup>**

**8:00pm**

**Franklin Dining Hall**

Yale College *required* session with the Office of Student Affairs

This is a mandatory workshop where you will need to scan your Yale ID to ensure you've attended. Many of you are fully engaged in midterms or are nearing them, therefore, this workshop will be particularly useful for you as you continue the term and beyond!

### *Resident Writing Tutor*

The Benjamin Franklin Writing Tutor is Lesley Finn. Her office is in Room 24, LL near Stairwell/Entry A. Hours are: Tuesdays 10am - 2pm and Wednesdays 12pm - 4pm (with 2pm - 4pm reserved for BF students only)

To sign up for an appointment go to <https://www.yalewco.com> or email [lesley.finn@yale.edu](mailto:lesley.finn@yale.edu).

### *Yale Tutoring Resources:*

Writing Center/Tutors/Partners: [Writing Tutoring and Programs | Poorvu Center for Teaching and Learning \(yale.edu\)](#)

Sc/QR Tutoring: [Small-Group and 1-1 Tutoring | Poorvu Center for Teaching and Learning \(yale.edu\)](#)

Language Tutoring: [Center for Language Study | Poorvu Center for Teaching and Learning \(yale.edu\)](#)

Academic Strategies: [Academic Strategies Program | Poorvu Center for Teaching and Learning \(yale.edu\)](#)

Advising Resources: [Welcome | Advising Resources \(yale.edu\)](#)

### **Course Change Forms**

Online Course Change Notice forms will be available on the [University Registrar's Office website](#) for you to request course withdrawals and late additions. The normal \$5 administrative fee will apply to all course withdrawals and late additions, including late adds due to instructor permission granted after add/drop period has closed.

## **Yale Academic Strategies Program/Office of Educational Opportunity**

[https://yaleconnect.yale.edu/PoorvuAcademicStrategies/club\\_signup](https://yaleconnect.yale.edu/PoorvuAcademicStrategies/club_signup)

<https://poorvucenter.yale.edu/academic-strategies-program>

Our mission is to help all Yale undergraduates be active, empowered learners at Yale. Through peer academic mentoring, interactive workshops, and connections to resources, we hope to provide you with the tools that can propel you towards your goals.

### **Essentials for First-Years/FGLI First Years: Intro to International and Professional Experiences:**

Come to this session to find out what CIPE can do for YOU! You will leave with a clearer idea of what is possible in terms of fellowships, funding, and programs, and the resources you can access from the Center for International and Professional Experience.

[Tues, Oct. 3, 4-5pm, Poorvu CTL 120B](#)

[Weds, Oct. 4, 4-5pm, Poorvu CTL 120B](#)

[Thurs, Oct. 5, 2:30-3:30pm, Poorvu CTL 120A](#)

[Friday, Oct. 1, 1-2 pm, Poorvu CTL 120B](#)

**STEM Navigators:** Want to learn the best practices for succeeding in introductory STEM Courses? Join STEM Navigators, a mentoring network that provides you with information, events, and support to guide you through these crucial first courses. Sign up via this link: [STEM Navigators sign up](#)

### **Disability Peer Mentorship Program**

This program matches students with disabilities with peer mentors who have similar experiences navigating academic life at Yale for individual mentoring. Students can request a mentor via this form: [Disability Peer Mentor Request](#). First-year students can also request mentorship and guidance about Student Accessibility Resources through the [SAS Peer Liaison Program](#).

### **Meet with our Learning Specialist**

Have a learning difference or other condition that affects how you accomplish your academic work? We can talk with you about new approaches for meeting Yale's academic challenges. Contact our new Learning Specialist, Geoffrey Canales ([geoffrey.canales@yale.edu](mailto:geoffrey.canales@yale.edu)), for an appointment.

### **For First Years: College Transition Videos**

Did you know that [diving into your syllabi can help you succeed in your classes](#)? What to learn [the keys to performing well on p-sets](#)? Learn about these topics and more through our college transition videos: <https://poorvucenter.yale.edu/undergraduates/academic-strategies/first-years-workshops-videos-events>



## **Individual Mentoring**

Get organized for the semester by meeting with an [Academic Strategies Mentor](#). Mentors will help you develop a weekly study routine, offer strategies for approaching complicated readings and p-sets, and help you develop a plan for prepping for those first exams. Our online mentoring schedule goes live Monday, Sept. 18. If you'd like to schedule a meeting before then, please email us at [academicstrategies@yale.edu](mailto:academicstrategies@yale.edu).

## **Workshops**

Our famous workshop sessions are available in person and online! Register via the YaleConnect links below. FYI: Poorvu CTL M104A is upstairs from the York Street Entrance to Sterling Memorial Library. Poorvu CTL 120 A, B, C, and 121 are the classrooms on the first floor. Questions? Contact us at [academicstrategies@yale.edu](mailto:academicstrategies@yale.edu).

## **STEM Navigators: How to Do Pre-Med at Yale**

[Mon, Oct. 2, 4-5pm, Poorvu CTL 120A](#)

Are you thinking of pursuing a career in medicine? There are many parts to preparing for medical school, including prerequisite requirements, clinical/non-clinical volunteering, and more. How does a Yale tackle it? Come to the first part of our Pre-Med Workshop Series and get an introduction to resources and the mindset you'll need to succeed as a pre-med at Yale!

## **Pathways for Juniors**

[Mon, Oct. 2, 4-5pm, Poorvu CTL M104A](#)

As you delve into your major, new questions and challenges arise. How do I orient myself within my major? How do I look for mentors within the major? What timelines do I need to be aware of to set myself up for a strong senior year? We'll explore these questions together in this interactive workshop.

## **STEM Navigators: Biochemistry, Biophysics Lab Technique**

[Mon, Oct. 2, 5-6pm, Poorvu CTL 120C](#)

Are you unfamiliar with biochemistry & biophysics lab techniques and would like more exposure/explanation of concepts from the course? Our STEM graduate mentors are here to help! Come to this workshop for clarification on the most confusing and tested lab techniques for introductory biochemistry and/or biophysics courses!

## **Procrastination: How to Work Through It**

[Mon, Oct. 2, 7-8pm, Poorvu CTL M104A](#)

We all procrastinate. When your procrastination habits get in the way of your goals, however, it's time for a change. This workshop offers strategies for identifying the sources of procrastination and pursuing productive habits that can get you back on track.

### **STEM Navigators: Introductory Genetics Lab Techniques**

[Tues, Oct. 3, 5-6pm, Poorvu CTL 118A](#)

Are you unfamiliar with biology genetics & development lab techniques and would like more exposure/explanation of concepts from the course? Our STEM graduate mentors are here to help! Come to this workshop for clarification on the most confusing and tested lab techniques in introductory genetics & development courses!

### **Exam Study Strategies**

[Tues, Oct. 3, 5-6pm, Poorvu CTL 120B](#)

Reduce exam stress by learning new strategies for preparing and studying for midterms and finals. This workshop offers suggestions for preparing for and taking problem-based, short answer, and essay exams.

### **The Psychology of Time Management**

[Tues, Oct. 3, 7-8pm, Poorvu CTL M104A](#)

Ever wondered why it can be hard to manage your time--even when you have already learned the experts' tips and tricks? Come to this workshop to find out why! You will learn about some of the major cognitive obstacles to organizing your time and take away a set of mental tools for increasing your awareness of these common thought processes so that they can be prevented or interrupted.

### **How to Study On a Bus - For Student Athletes**

[Tues, Oct. 3, 8-9pm, Online](#)

Learn strategies for studying and managing your time as you navigate your academic and athletic commitments.

### **Fresh Start: Midterm Edition**

[Weds, Oct. 4, 7-8pm, Poorvu CTL M104A](#)

Want to refresh your approaches to your academic work? Our mentors will lead you through a series of activities to help you identify your current strengths and develop new strategies for meeting the new challenges presented by your current semester's courses.

### **Exam Study Strategies**

[Weds, Oct. 4, 8-9pm, Online](#)

Reduce exam stress by learning new strategies for preparing and studying for midterms and finals. This workshop offers suggestions for preparing for and taking problem-based, short answer, and essay exams.

**Academic and Professional Communication**

[Thurs, Oct. 5, 4-5pm, Poorvu CTL M104A](#)

Learn strategies for writing for professional and formal academic audiences.

**Cultivating Faculty Mentors/Recommendations**

[Thurs, Oct. 5, 7-8pm, Poorvu CTL M104A](#)

Initiate conversations, ask for assistance, request recommendations, and build mentoring relationships with Yale faculty, teaching fellows and staff.

**STEM Navigators Study Hall**

[Sun, Oct. 8, 2-5pm, Poorvu CTL 120B](#)

Snacks? While studying and meeting peers? Come complete your p-sets, study, and meet your peers in your STEM courses. Snacks and peer mentors are here to help you with any questions about majors, summer opportunities, or classes to take in the future!

NOTE: Tutoring NOT provided by mentors!



# DISABILITY PEER MENTOR PROGRAMMING

Confidential 1-1 support for Yalies of all schools  
and class years. No formal diagnosis required.



Follow us  
@YaleDPMP

Scan the QR code to sign up for  
a mentor, or follow the URL!  
[https://tinyurl.com/  
signupyaledpmp](https://tinyurl.com/signupyaledpmp)



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PHYSICAL DISABILITIES | HEARING LOSS | CHRONIC  
ILLNESS | AUTISM | MENTAL ILLNESS | DEAFNESS | PTSD |  
OCD | MOBILITY | IMPAIRMENT | ADHD | ALLERGY |  
BLINDNESS | LEARNING DIFFERENCES | ADDICTION |  
SENSORY DISABILITY | ANXIETY | ADDICTION |  
DEPRESSION | AUTOIMMUNE DISEASE



## Fall 2023 Group Therapy Offerings



To register or for further information please email:  
[college.care.clinicians@yale.edu](mailto:college.care.clinicians@yale.edu)

### All The "Firsts"

Feeling far from home? Far from connection? First in your family to attend college? Not everyone who attends Yale begins at the same starting line. If you've overcome hurdles, battled imposter stress, and felt a lack of belonging at Yale, this is a space for you. This support space is created for anyone who self-identifies as first-generation and/or low-income and is familiar with the pride and pressures of attending an elite institution. Participants will be encouraged to give voice to their experiences and cultivate resilience in the community. This group will meet in-person.

When: Tuesdays from 3:30-4:30PM; October 3rd - November 28th

### Multicultural Identity Support Group

Holding two or more cultural identities can elicit a wide range of emotional experiences and questioning. This group offers a space for students to explore how their cultural experiences and values have shaped their identity development. Students will be encouraged to explore their values, their sense of belonging among various communities, and how they are developing their own sense of self. This group will meet virtually.

When: Mondays from 3:00-4:00PM; October 2nd - November 13th

### Black Student Support Group

YC3's Black Student Support Group will serve as a welcoming process space for Black-identifying students of all gender identities to process thoughts and feelings, get feedback and support on their experiences, provide validation, and develop self care strategies, all while building community.

**\*\*This a drop-in therapy space and no registration is required\*\***

When: Monthly from 3:00-4:00PM; Sept. 20th, Oct. 25th, Nov 15th

## UPCOMING LIBRARY WORKSHOPS

### ADVANCED SEARCH TECHNIQUES

- **Tuesday, October 3 at 7:30pm** | Register: <https://schedule.yale.edu/event/11326748>

Learn how to research like a librarian, including how to use Advanced Search to find books and articles in Quicksearch. Join us to get a step ahead for coursework and research projects!

### BOOST YOUR GOOGLE IMAGE SEARCHES

- **Wednesday, October 4 at 2:00pm** | Register: <https://schedule.yale.edu/event/11030288>

Learn tips and tricks on how to get better image results from Google Images. We will also cover basics of copyright and using image citations for your work.

### MINI TOUR: CALL NUMBERS AND HIDDEN TREASURES IN STERLING LIBRARY

- **Thursday, October 5 from 4 - 4:30pm** | Register: <https://schedule.yale.edu/event/11335114>

Join a Library Peer Mentor for a tour inside the 16-story Sterling Library stack tower. This tour is designed and hosted by students for students!

### READING STRATEGIES FOR WRITING PAPERS

- **Friday, October 6 at 10:30am** | Register: <https://schedule.yale.edu/event/11300119>

Learn strategies – that you can begin during the research process – to efficiently analyze scholarly articles, including lateral reading, selective reading, and active reading.

## Upcoming events from Yale Library

### Mini Tour:

Call Numbers and Hidden  
Treasures in Sterling Library



### First Steps with Zotero



### Reading Strategies for Writing Papers



Any student who  
attends 3 workshops  
will receive a FREE  
Yale Library tote bag

Yale University Library  
[schedule.yale.edu/calendar/instruction](https://schedule.yale.edu/calendar/instruction)





# EXPLORE YOUR OPTIONS

## Community Wellness Specialists

During a wellness session, we focus on skill building and strategies.

## College Care Clinicians

During a therapy session, we focus on therapeutic support and processing.

Check out our common list of topics, we provide support on in a wellness or therapy session, by scanning the QR Code below.

### Specialists



Corinne Coia  
Silliman #403



Ricky Belizaire  
Morse Gatchouse



Cindy Avila  
Branford #012A



Whitney Simmons  
Hopper #020



Angie Makomenaw  
Pierson #049

### Clinicians



Zelekya Fowler  
WLH #105



Nicole Cepeda  
WLH #106



Kayla Reid  
TD #007



Lauren Moss-Racusin  
Davenport #N11



New Clinician  
Branford #012B

SCAN TO  
GET STARTED

